

KRAV MAGA

FIGHT CAMP 2022



NOTHING IS FREE, YOU HAVE TO FIGHT

**SKILLS, PRINCIPLES & TACTICS TO IMPROVE PERSONAL SECURITY
IN A CONTEXT OF FIGHTING AN OPPONENT WITH AND WITHOUT
WEAPONS (BASIC, ATTACHED & GROUND)**

- CLOSE RANGE FIGHTING • GROUND WORK • KNIFE & PISTOL DEFENSES
- SPARRING AND FIGHTING • FIGHTING TACTICS • SCENARIO TRAINING
- POWER GENERATION • STRIKING AND MOVEMENT • COMBAT MINDSET

INSTRUCTOR: TOMMY BLOM, MASTER 1, PRO MMA (3-0-0)

LOCATION: GÖTEBORGS KRAV MAGA KLUBB, SMIDESGATAN 4

DATE: JULY 29-31. 10:00-17:00

PRICE: 2700 KR



TENACITY
DYNAMICS

TENACITY.SE/SHOP

